



We Serve

District Governor Scott Rolfe



PRESIDENT'S MESSAGE

Together we can with
International President,
Brian Sheehan

Dear Lions and Leo's of MD5M

I'd like to take this opportunity to invite you to the MD5M State Convention this coming May.

When more Lions and Leo's come to convention, amazing things happen. We connect with old friends and make new ones. It is a chance to celebrate our accomplishments. We learn from each other and reenergize ourselves as Lions. We identify new goals and new ways to serve, which renews our sense of purpose and helps focus our attention on the challenges ahead.

Lions Clubs International depends on each member and every district for our association to fulfill our mission of service. Because it takes all of us, working together, to make a difference in our communities. Together We Can achieve a greater good than ever before. And with Lions like you leading the way, together we will.

I am known to have lots of fun at convention. Bring members from your club who have never been to one before so they can see the fun that can be had as we learn how to make our clubs better.

Thank you for your hard work and dedication you have done thus far this year. Together we will make the impossible possible. Lori and I really hope we see you there. Make your reservation today and let's all have a great time together!!

Make a great day,

Brian Sheehan
International President

Worldwide Induction Day

Join Lions around the world for Worldwide Induction Day on **April 29** as we come together to celebrate and give our newest Lions a welcome they'll remember the rest of their lives.

Visit the [Worldwide Induction Day](#) page to find a planning guide, special downloadable certificates and public relations tips to make your event one that your club and your community can look forward to. And don't forget to share the excitement on social media using **#WeServe**.

LCICon 2023 Boston

As a Lion, there's always something big to look forward to. So be sure to join us for our biggest Lion event of the year—the 105th Lions Clubs International Convention in Boston!

Don't miss this opportunity to connect with Lions and Leos from around the world, enjoy world-class speakers and entertainment, attend engaging seminars, and experience the incredible city of Boston. Visit [LCICon Boston 2023](#) to learn more about the incredible events we have planned for you and [register today](#)

INSIDE THIS ISSUE	
DG Scott	2-3
DGE Richard	4
1VDGE Denise	5
2VDGE Cathe	6,9
District Wide Picnic	7-8
MY LCI update	10
COL	11
Club Activities/ Events	12-18
Zone Page	19-21
Zone 1 Diaper Drive	23-24
Projects	24- 25,28,29
MD5M Conv	30
2024 Mid-Winter	26-27
Diabetes Foundation	20-21
Regional Lions Leadership Institute	31-32
DG Visit form,Travels Contact Info	33-34

District Governor Scott Rolfe



"We Can Do More Together!"

"Celebrate Success"

"Together We Can"

"Come Together"



"COME TOGETHER" IN 2022 – 2023

My Goals

For Our Year Together

- Member Orientation Fall and Spring
- Continued Officer Training to 90%
- Reduce Dropped Members by 25%
- Build a New District Service Project
- Promote LCIF to achieve its goals
- Start 2 New Clubs in our District
- Provide support to our struggling Clubs
- Send 10+ to RLLI Training in October
- Promote Bring One! More attendance at Zone Meetings and Conventions

Cabinet Meeting Dates

March 12, 2023, Brainerd Eagles Club

Celebration of Service

Club Celebrations

District Picnic

September 9th, 2023

Why am I a Lion? We ask ourselves every now and then. The reason I am a Lion is because, I enjoy helping others! It's like an addiction, I can't wait to do the next service project or fundraiser because I know we are helping others every time we put on the vest. Now, in the last few years, I have found new energy and excitement being a leader. Now the enjoyment of being a lion has skyrocketed because now I have the opportunity to mentor new leaders as they move up, I get to work with past leaders who mentor me, and the best part of being a leader is the members who I get to work with throughout the year. You all make my role as leader easier by the day. I honestly never expected to feel this much inspiration and fulfillment in my role as leader of this great district!

A great leader is nothing without a great team. I have been blessed with a great team that wants the best for our members and is working hard to improve on what we have every day. We are trying projects that we have never done before. We are "thinking outside the box" and you should too. So get off the bench, get involved, throw the hat in the ring, and become a leader. It's easy to get started, volunteer to be a committee chair, take some district or multiple training, start asking the questions, find a mentor. The satisfaction you will experience will blow you away! For those of you that are on your way, don't be afraid to try something new, there is always someone to help you in the Lions. This is why I am a Lion! Thank You!

Lion Scott Bio

Lion Since 2013

RLJ 2015

Club President / Zone Chair

Melvin Jones Fellow



bigskipper61@yahoo.com

218-232-7241 Call or Text



DGE Richard is finishing up his cancer treatment and would like to thank all for their well wishes.

We want to wish Richard a speedy recovery and hope to see Him and Diane soon.

Cards may be sent to ...

Richard Hanson

46300 Marin Bay

Perham MN 56487

District Historian PDG Judy Bragalla

1934-1935

Lionism in the three states and two provinces of the 5th District suffered some minor reverses during the year 1934-35, but the record was much more encouraging than that of the previous year. The District suffered a net loss of only 2 clubs and 183 members. A tribute to the spirit of the District during the year was seen in the great increase of members holding the rank of Key Member or Master Key Member. There were 374 Key Members and 13 Master Key Members in the District at the close of the year, a very great increase over the previous year's figures.

In North Dakota and Saskatchewan, District Governor John E. Kohnen of Jamestown made 50 visits to his clubs during the year; Carl Melvin of Winnipeg, District Governor of Minnesota/Manitoba, made 21 visits and District Governor Ricketts of Mitchell, Governor of South Dakota, made 20 visits.

The convention city, Aberdeen, South Dakota, put on an excellent convention June 17-19, 1935. Among the principal matters of discussion was the Lions International Club Standard Organization Plan. Representing the International Association at the convention was Third Vice-President Frank V. Birch of Milwaukee, and International Director W. Murray Allan of Grand Forks, North Dakota. Among the resolutions passed at the convention was one discontinuing the annual officers' conference previously held annually in either St. Paul or Minneapolis, and recommending that a sub-district officers' conference be substituted in each of the three divisions of the 5th District.

The following District Governors for 1935-36 were elected: Dr. B. W. Kelley, Aitkin, Minnesota, Minnesota/Manitoba; A. M. Kuhfeld, Beach, North Dakota: North Dakota/Saskatchewan; R. E. Huffman, Aberdeen, South Dakota, District Governor of South Dakota. Grand Forks, North Dakota, received the unanimous election as the 1936 convention city.

1st Vice District Governor Elect

Denise Laudenbach



A society grows great when old men and women plant trees, the shade of which they know will never sit in. This is a profound statement, isn't it? It certainly gets us thinking about service and the impact that we have as Lions.

We talk a lot about "service" to the community and "service to others." But what does "service" really mean for you and your club?

Service within Lions can look and be many different things. It can be a service project that takes many months of planning and many hands to execute, or it can be something very simple and easy to accomplish.

Service to the community does not have to be complicated. We recently had someone in our community contact us, asking for a ride to the hospital to visit a loved one who was a patient. My husband and I were booked at the time they needed a ride, so I picked up the phone and called a fellow lion in our club, to see if they could help. They too were booked at the time a ride was needed, but he said, "let me send a text to a few friends, and I will get back to you." Within 3 minutes, he found someone, who was not a lion, that said, "absolutely, I can give them a ride, no problem at all." No questions asked. Everyone stepped up and helped someone in need. This is service. Simple yet providing big impact. This is what being a member of Lions International is all about. People helping people and expecting nothing in return.

Collaboration with neighboring clubs or clubs within your zone, is a fun and energetic way to bring a service project to life. Perhaps your club has a service project that has lost its luster, or the members of your club cannot accomplish the task at hand, on their own. This would be the perfect chance to call another club and ask them to work on a project together. Imagine the impact that collaboration could be, if we help one another across our district!

On September 9th, 2023, our District of 5M9 will be celebrating our Service Together, with a district wide service project. We will have the chance to break bread together in the morning with a pancake breakfast and we will then start a food packing event of which all the food packed, will be taken back to the food shelves within your clubs' community. The event will take place at the Nisswa Community Center. The goal is to pack 133,000 + meals at this service project and in order to make this happen, our district will need 250-350 lions' members in attendance. As the saying goes, it will be an all-hands-on deck project. We would like to see all clubs from across the district in attendance. Additional information will be published over the next several months about this service project, so keep an eye out via social media and newsletters.

Service is purely this: Good people do things for other people. That's it. The end.

Your friend in service,
Lion Denise Marie



2nd Vice District Governor Elect Cathe Picek



Many thanks to the Garrison Bay Lake Area Lions Club for the nomination, support, and Rock & Roll hospitality area at the 2023 Mid-Winter Convention. I would also like to thank the Past District Governors of 5M9 and Lions friends, who maintained belief in me to be a leader in our district. As 2nd Vice District Governor, I will listen to you and all members in the district in order to continue the succession of leadership. You don't have to have a "title" to be a good leader.

What a fortunate time in Lions than to be part of a bigger picture. The future of our clubs, district, multiple and area is in the hands of Lions with experience, vision, plans and programs to make sure we succeed with Lions International Five Core Pillars: Vision, Hunger, Environment, Diabetes and Childhood Cancer along with the Three Pillars to Grow our Clubs: Prepare your club to Grow, Make your club meetings Efficient, Informative and Fun, Make Service projects meaningful to your members .

One of the most important phrases that I adopted this year is "M&M - Members Matter". Just ask me what it means to me.

TOGETHER WE CAN - positively impact so many lives in so many ways. Thank you for being a Lion!

2nd VDGE Cathe Picek

"Life is either a daring adventure or nothing at all."

Helen Keller



The 5M9 Global Action Team

INVITES YOU TO THE

5M9 DISTRICT WIDE Picnic & Service Project

PANCAKE
BREAKFAST
PICNIC

SATURDAY,
SEPTEMBER 9, 2023

9AM-12PM

Nisswa Community Center
25628 Main St
Nisswa, MN 56468

HUNGER
RELIEF
SERVICE
PROJECT

- Enjoy breakfast together (free will donation)
- Hands-on service project
- Pack meals for hunger relief
- Participating clubs will take meals back to their local food shelf



Lions Club International
FOUNDATION

This event is made possible through a LCIF grant for District 5M9 and the Clubs of 5M9. All Clubs are encouraged to donate to further the reach!

We are excited to be participating in a District Wide 5M9 Service Project on Saturday, September 9, 2023: **HUNGER**

We would LOVE for you to be involved. In answer to the questions above:

1. **How do I get more information about the HUNGER project?**
 - a. Contact Lion Shawn Hansen with the Nisswa Lions Club (she is also the Executive Director of The Outreach Program of Brainerd Lakes).
 - i. Cell phone: 218-232-3528 (call or text)
 - ii. Email: shawn@outreachprogramBLA.org
 1. OutreachBLA is the partner we are working with on the project. They will be facilitating the event.
 2. Check out the Outreach Program of Brainerd Lakes Facebook page and see what types of work they are doing every day to end hunger.
 - b. Contact Lion Denise Laudenbach with the Nisswa Lions Club (she is also a board member for Outreach BLA). Denise is your 2nd Vice District Governor.
 - i. Cell phone: 218-851-8884 (call or text)
 - ii. Email: deniselaudenbach@yahoo.com
2. **How do I get my club involved financially?**
 - a. The Outreach Program of Brainerd Lakes is a registered 501c3.
 - i. Tax ID # 45-4530236
 - ii. You can make a donation by mail:
 1. Outreach Program BLA, 24489 Hazelwood Drive, Nisswa Mn 56468
 - iii. You can make a donation online: www.outreachprogramBLA.org
3. **How can I get my club involved with volunteering?**
 - a. Start gathering a list of club members that will attend the Celebration of Service Picnic and Packing event.
 - i. We will need over 250 volunteers to get all of the meals packed that day!
 - b. Follow 5M9 newsletter and future communications about the event. **BLOCK YOUR CALENDAR NOW!**
4. **How can I get involved personally?**
 - a. Come to the Celebration of Service Picnic and Packing Event
 - i. Watch for sign up details in the 5M9 newsletter and future communications about the event.
 - ii. Make a personal donation (information is above in #2)

TOGETHER – we can help lessen the burden of food insecurity for our neighbors. We look forward to SERVING with you at the DISTRICT 5M9 HUNGER EVENT.



Cancer Treatment T-Shirts

A Lions Club Service Project Idea

TOGETHER WE CAN MAKE A DIFFERENCE!

Cancer treatment centers in District 5M9 need treatment t-shirts for patients receiving chemo infusions. If your club has a few seamstresses to sew zippers or Velcro in men and women's t-shirts, then your club can support many people in our communities who need these t-shirts at a minimal expense.



Items needed & directions to complete the project:

Clean used/new men and women's t-shirts, plain or printed, sizes large, xl or 2 xl Zippers 6" (bottom) and 9-12" (top) lengths in any color

Velcro (sew on) cut in 6" and 9-12" lengths in any color

Sewing machine, measuring tape, scissors, and thread

As pictured cut a diagonal line from the neck to chest to insert 9-12" zipper/Velcro and a diagonal line from the bottom of the shirt to insert 6" zipper/Velcro. The zipper/Velcro allows easy access to the port making it easier for cancer patients.

Check your local thrift or dollar stores for t-shirts, Velcro, and thread at great prices. An estimated investment from the club would be less than \$250.00.

**For more information contact Lions Cathy Tripp, Pillager
Lions cathytripp327@gmail.com or Cathe Picek, Garrison Bay Lake Area
Lions cathe.picek@gamil.com.**

Evolving our digital tools¶

We're updating the digital tools you use as a Lion.¶ To put it simply, we're taking the functionality you have today with MyLion, MyLCI, Insights and other tools and combining them into one cohesive and consistent experience — the Lion Portal.¶

Help ensure a smooth transition to the Lion Portal¶

Make sure your Lion Account information is correct and up-to-date in MyLCI or your regional reporting system. Note that the new Lion Portal will require a unique, unshared email, and phone numbers will no longer be supported as a log in credential.¶

Updating member information is simple:¶

- Log in to the current member portal with your Lion Account credentials¶
- Navigate to MyLCI¶
- Select "My Lions Club"¶
- Select "Members"¶
- Click on the member whose information you need to update.¶
- Select "Edit Member" to enter in their revised email address and other updated information.¶

To help ensure other Lions have a smooth transition to the Lion Portal, check out these helpful downloads:¶

Get ready for the



In a few months, we'll be combining MyLion, MyLCI and Insights, along with some additional tools and functionality, into a unified mobile-friendly experience called the Lion Portal.

Help ensure a smooth transition. Make sure your Lion Account information is correct in MyLCI or your regional reporting system and has a unique, unshared email address.



Learn more here: lionsclubs.org/portal-updates



DISTRICT 5M 9

College of Leadership

Sunday, April 30, 2023

12:30 – 5:00 pm

Wadena Deer Creek School

600 Colfax Ave SW, Wadena, MN 56482

Training Seminars for the following positions:

Orientation Leader

President / Vice President GST – Service Projects

Secretary GMT – Membership Ideas

Treasurer Zone Chair

Coffee and cookies will be served.



Club Excellence Awards

To receive the award you need a plus one membership for the year, Donate to LCIF and Reporting Service and do service work. Last year we had 15 clubs that earned this award. Thank you for your hard work you did for your Club.



Front Lions Clubs: Malmo, Backus. Fifty Outing 50 lakes. Hewitt, Park Rapids Parker Prairie Pride, Pillager

Back: Aitkin, Bluffton, Nevis, Ottertail, Nisswa, Verndale, Not In Picture Wadena and Northland Remer



Backus Lions LeRoy & Anita Jordan visited **Hackensack Lions** Meeting to present a 'Quilt of Valor' to veteran Rodney Dam. Rodney is a very involved member of the Hackensack Lions Club. Thank you for your service to our Country as well as your continued service to your community as a Lion.

Proud Lions



Pillager Lion Mark Elson (right) was awarded the Helen Keller Sight Award by MN Lions Vision Foundation Board Member Don Mork (left) and Pillager Lion President John Driscoll (middle).



FUJI RDPII 21 FUJI RDPII 22

The Fellowship of Lions

There are more than 476,000 MJF recipients worldwide

- There are more than 100,000 PMJF recipients worldwide About the Melvin Jones Fellowship

Contributions for the MJF can be made by individuals (including non-Lions), clubs or districts. Donations may be in one sum or in installments. Melvin Jones Fellows receive a special lapel pin, a plaque and a congratulatory letter.

D>20A 21 36 D>21A 22

FUJI RDPII 21 FUJI RDPII 22

Send in your award recipients photo's!
You could be shown here!

D>20A 21 36 D>21A 22



FREE TO GOOD HOME

The Nisswa Lion's have recently acquired a new food trailer and are looking for a new home for their trusty Pork on a Stick wagon. If your club is interested, contact us at NisswaLionsClub@gmail.com.





Cass Lake Lions 75th Anniversary

April 15, 2023

5:30 to ?

Come and help us Celebrate at:

Cedar Lake Casino

Cass Lake, MN

Dinner is \$22.00

Please RSVP by April 1st

Menu: Pork tenderloin and Fried Chicken
Potatoes, wild rice, salad, rolls, and beverage

Cut on line

_____ number of people at \$22.00

List club name on back of this stub

Send Reservation and check to:

Cass Lake Lions

Box 607

Cass Lake, MN 56633

Bowling



**Tournament
is back!**

March 4th 2023 \$120/team

Two shifts—4:30pm and 7:00pm

Voyageur Lanes, Detroit Lakes

Registration accepted by contacting

Brenda Wieland

Phone: 218-844-4221 x 112

Email: lionsclub.detroitlakes.mn@gmail.com

Facebook: Detroit Lakes Lions Club

Website: www.e-clubhouse.org/sites/detroit-lakes



**hosted by
Detroit Lakes Lions**

You are invited!

**ANNUAL NYM
LIONS
AUCTION**

BACK TO THE SPRING!



SATURDAY APRIL 1ST 2023

SOCIAL HOUR 6:00 PM

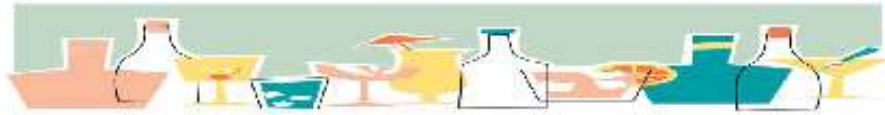
LIGHT MEAL PROVIDED AND LIONS BAR OPEN

LIVE AUCTION 7:00 PM

AUCTIONEER SERVICES PROVIDED BY PERALA BROS. AUCTIONEERS

LIONS MEMBERS: BRING YOUR AUCTION ITEMS, AND FRIENDS!

Pillager Lions Beer Wine and Spirits Tasting



Saturday March 25th 4:30 to 7:00 PM

At the Pillager Community Center

Cost: \$25 for tasting, \$15 for apps & water only

Appetizers by KC's Saloon

**Cheese, Crackers, Meat and Fruit Trays by
Pillager Lions**

Meat Raffles and Skill Games Extra \$

Door Prizes from Vendors

Woby's Liquor Store Jack Pine Brewery The Shante

Block North Brewpub 5Rocks Distilling

Snarky Loon Round House Brewery Big Axe Brewing

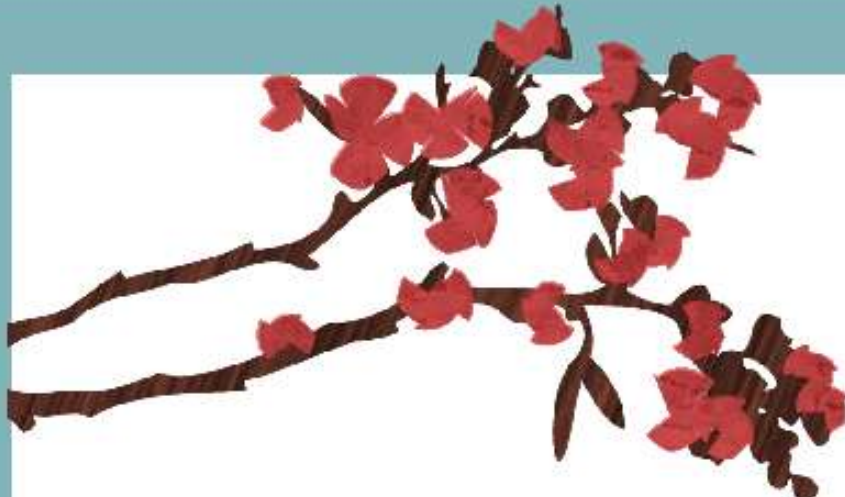
Woodlore Cider 14 Lakes Brewing Ya Sure Kombucha

Must be 21 or over to attend

Proceeds will be used to help people in our community



5M9 Zone Meetings



SAVE THE DATE

5M 9 SPRING ZONE 2 MEETING

HOSTED BY THE MALMO AREA LIONS

Thursday, April 20TH 2023

at the: "AMERICAN LEGION" in AITKIN

20 – 1st Ave. N.E. Aitkin MN.

Social hour at 5 pm. Dinner served at 6pm

\$15.00 (tax/tip Inc.)

Baked Chicken, mashed potatoes, gravy, veggies and salad.

Bar will be open

RSVP TO SHARON WHIPPLE

Please RSVP no later than April 10th

mean.gene@frontiernet.net

218-390-0526

Clubs are responsible for unpaid meals that are rsvp for.

5M9 Zone Meetings

Zone 1 meeting



April 3

**Chicken Alfredo,
Salad, Garlic Toast,
Dessert \$15.00**

**Hosted by
Baxter Lions**

5:30 Social
6:00 Dinner
7:00 Meeting

Place:

Northland Arboretum
4250 Conservation Drive
Brainerd, MN 56401

Bring an item for the food shelf
and you're in for a drawing!

RSVP by March 24th to
Sue Stebbins rsteb2@gmail.com or
218-851-2510



Disaster Relief Grants



When natural disasters strike, Lions are among the first to offer help. With a disaster grant, they can do even more for communities devastated by hurricanes, floods, fires and other major events. As a foundation, we are proud to offer a variety of grant options to support various stages of disaster relief operations.

Dear 5m9 Lions
 We have all seen the horrific damage and loss of lives in Turkey and Syria due to the recent earthquakes. I can't help feeling helpless that I can't do anything to help. Then I remember—I am a Lion and We Serve! How? Alone, I do not have the resources, But together we can do much.
 I know that Lions along with other service organizations are providing financial support in the way of grants and also most likely with Lions on the ground with humanitarian aid.
 Please consider donating to the disaster fund. You can designate your donation to the specific disaster or to the area of greatest need and LCIF will use the money where it is needed the most.

WE ARE GREATER TOGETHER THAN ALONE.
 Thank You

Zelda and Larry Novak, Erin Beck
 5m9 LCIF coordinators
 mail checks to Zelda at
 212 Henrietta Ave. So.
 Park Rapids MN 56470



★ 5M9 Zone Chairs ★

Zone 1 Chair	Joe Laudenbach	Zone 6 Chair	VACANT
Zone 2 Chair	Sharon Whipple	Zone 7 Chair	Robert & Debra Jacoby
Zone 3 Chair	Sue Larson	Zone 8 Chair	Ginny Paulson
Zone 4 Chair	Laurine Kommer	Zone 9 Chair	Connie Krusemark
Zone 5 Chair	Cathe Picek	Zone Chair Advisor	PCC Bert Nelson

Lions Clubs from Zone 1, District 5M9

THURSDAY
JANUARY
26

6:30-7 PM

HELD AT
YE OLD
PICKLE
FACTORY

2023
**DIAPER
DRIVE**



Donate a box of diapers and enjoy
Rafferty's Pizza and
Beer & Wine Tasting from Spirits of Nisswa





Donated diapers will be given to
the Mid Minnesota Women's Center,
Lakes Area Pregnancy Support
Center, and Central Lakes College.

Don't have time to shop for diapers?
Buy them at the door - the night of the event!
Can't make it to the event?
You can still drop diaper donations off at
The Docks Pantry, The Outrigger Program,
Nisswa Chamber, State Farm-Errol Laugen, Becker

Zone 1 Diaper Drive Jan. 2023

Many people from the community donated \$\$ and/or diapers for this drive! We are thankful to all who helped with this service project.

**Thank you:
Spirits of
Nisswa,
Rafferty's
Pizza and The
Pickle Factory
for an
amazing
event!**

Team sorting and counting diapers at Outreach on Saturday morning after the event

**THANK
YOU!**



Lions



20,098
**DIAPERS WERE
DELIVERED TO
LOCAL AGENCIES!**

The Nisswa Lions contributed \$1,500 towards the purchase of diapers. The Baxter Lions Club contributed \$1,000. Pillager Lions donated \$50 + diapers, and Camp Lions donated a lot of diapers.

**ZONE 1 LIONS -
District 5M9!**



Everything collected was delivered to 3 local agencies on 2/6/23: Relationship Safety Alliance, Lakes Area Pregnancy Support Service and Central Lakes College

Can Do Canines Open House Scheduled for March 4

Can Do Canines invites you to attend an open house on Saturday, March 4, from Noon to 2 p.m., at its Can Do Canines campus (9440 Science Center Drive, New Hope, Minnesota). Potential clients, volunteers, or anyone who might be interested in supporting the organization are invited to attend to learn how an assistance dog changes the life of a person with a disability.



Through a self-guided tour, attendees will be able to watch a trainer working with an assistance dog, hear from a volunteer puppy raiser, talk with volunteer staff members, pose questions to client services coordinators about the application process, and meet graduate teams from each of the five types of areas Can Do Canines trains dogs: hearing, mobility, seizure, diabetes and childhood autism. The assistance dog demonstrations will be held at 12:30, 1:00, and 1:30, and the puppy raiser will speak at 12:15, 12:45, and 1:15.

There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

More information about Can Do Canines is at www.candocanines.org.



Celebrate Earth Day with Lions

Making a big difference in your community's future begins with what you do today. So this Earth Day on April 22, let's engage our communities by giving them the opportunity to join us as we work to protect, restore and advocate for the environment.

Learn how Lions are protecting the [environment](#), and download one of our project planners or use one of these [25 project ideas](#) to help you and your club get started today.

And whether you're serving on Earth Day, or any other day, make sure your community knows who you are by wearing branded Lion gear. Find everything you need online at the [Lions Shop](#) to look

Lions



Newborn hearing screening: Hearing helps a baby to talk. If hearing loss is discovered early, babies have the best chance of learning to speak and doing well in school.



In 1999, only 8% of babies born in Minnesota were screened for hearing loss. Together with their partners, the Department of Otolaryngology at the University of Minnesota, the 5M Hearing Foundation established the **Lions Newborn Hearing Screening Program**. Within five years, every baby born in Minnesota could be screened for hearing loss –that’s about 70,000 children every year! In 2007, newborn hearing screening was mandated and the Lions Newborn Screening Program was handed over to the Department of Health.

If your baby does not pass the first hearing screen, it does not mean he/she has a hearing loss. Some common reasons are:

- birth debris in the ear canal
- fussy baby
- too much noise in the room

middle ear fluid

Nonetheless, it’s important to schedule a follow-up screen.

Speech and Hearing Milestones to watch for:

- around 0-3 months
- startles at loud noises
- reacts to a familiar person
- makes “coo” or “aah” sounds
- around 3-6 months
- stops playing when sound is heard
- reacts to his/her name
- babbles
- laughs when happy
- around 6-9 months
- turns head to source of sound
- responds to “no” and facial expressions

says “mama” and “dada”

Your donations go to continue the Minnesota Lions Hearing Foundation of the legacy of making sure children in Minnesota are taken care of from birth

5M9 Mid-Winter Convention

January 5, 6 & 7, 2024 at the Shooting Star Event Center, Mahanomen, MN



Three Ways to Save

Any New Lion or Leo who joins your club in 2023 will get their Convention Book for \$70.00

Any First Time Lion or Leo who joined prior to 2023 will get their Convention Book for \$75.00

Any Lion or Leo who sponsors 10 first timers to the convention will get their Convention Book cost reimbursed on Sunday of the Convention.

For more information or questions on the first timer registration please contact Lion Jay Norby, 1-218-298-1031 or email linorbs@arvig.net or Lion Jake Jacoby, 1-612-747-9894 or email rpjacoby@comcast.net.

2024 5M9 CONVENTION



5M9 Mid-Winter Convention



Hosted by the Vergas Lions

January 5, 6 & 7 2024

Shooting Star Convention Center, Mahnomon, MN

First Timer Registration Form

Each First Timer must fill out this form completely and return with payment made out to the 2024 5M9 Mid-Winter Convention for registration or Individual Meal Ticket(s) request.

Please Print Clearly:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ E-Mail: _____

Name of Lion or Leo Club: _____

Check Box That Applies: New Member in 2023 Member Before 2023

Sponsor Name: _____
Club: _____

FIRST TIMER & NEW MEMBER IN 2023 \$70.00 \$ _____

FIRST TIMER & MEMBER BEFORE 2023 \$75.00 \$ _____

Individual Meal(s):	Cost:	Attending:	
Saturday Pride Breakfast	\$20.00	_____	\$ _____
Saturday Luncheon	\$30.00	_____	\$ _____
Saturday Banquet	\$35.00	_____	\$ _____
Sunday Brunch	\$25.00	_____	\$ _____

TOTAL REMITTED \$ _____

HANDICAP SEATING NEEDED _____ SPECIAL DIETARY NEEDS _____ (Explain on back)

Please mail Hospitality Book Order Form with Check to:

5M9 Mid-Winter Convention
Lion Jake Jacoby
1030 E. Scharf Ave.
Vergas, MN, 56587

Please make duplicate copies of this form for all your members.

“Catch the Dream”

...Life Without Diabetes!

Minnesota Lions Diabetes Foundation
STRIDES for Diabetes Awareness

February, March & April 2023

Commit to 15 Miles of Physical Activity a Month

2000 steps = 1 mile

You Choose Your Activity

Be active on your own

Be a part of a team

Register at: MNLionsDiabetes.org

Registration opens February 1, 2023

\$30 Registration Fee

T-Shirts available



Physical activity, and healthy food and beverage choices are key to preventing diabetes and improving health.



Net Proceeds benefits
Minnesota Lions Diabetes Foundation, Inc.
MNLionsDiabetes.org



14th Annual Minnesota Lions Diabetes Foundation Research Update

March 18, 2023

Hosted by the Minnesota Lions Diabetes Foundation, Inc.

More than 29 million people in the United States are living with diabetes—a growing number that includes 340,000 people in Minnesota alone. Unfortunately, that number is on the rise.

Join us at the annual Minnesota Lions Diabetes Foundation *Research Update* to hear from University of Minnesota scientists, who are conducting leading-edge research aimed at both preventing and curing diabetes. Learn first hand how these scientists, funded by the Minnesota Lions Diabetes Foundation, are making a direct impact in our community, state, and beyond.

Following the research presentations, guests will have the chance to interact with the scientists one on one, learn more about their research, and ask questions.

Saturday, March 18, 2023

11 a.m. Registration and Social
 12 p.m. Lunch
 1 p.m. Program
 2:30 p.m. Meet n' Greet with Scientists

St. Cloud River's Edge Convention Center
Opportunities Suite
 10 4th Avenue South
 St. Cloud, MN 56301

Faculty Research Presentations:

- The search for a new drug to treat Type 2 diabetes
- Stopping the body's immune system from attacking islet cells, curing diabetes
- Introduction and vision for the Institute for Diabetes, Obesity and Metabolism
- The efforts to generate organs and tissues from animals
- Advances in viewing transplanted islets pre and post transplant
- Eliminating the use of lifelong immunosuppressant medications following transplants

RSVP by Tuesday, March 7:

RSVP via email to Larry Winner at lrrywnnr@gmail.com

A Zoom Link will be e-mailed to those unable to attend in person. Please request in e-mail above.

Please contact Larry Winner with any questions.

A confirmation email, including a parking map, will be sent prior to event.





Complete 1 form per attendee

May 5-7, 2023
Holiday Inn & Suites
St. Cloud, MN
 www.lionsmd5m.org
 Registration Questions? contact Dennis Heinen
 320-491-3996
 heinende@centracare.com
 OR
 Nikki Fisher, Visit Greater St. Cloud
 320-202-6712
 nikki@visitstcloud.com
 ONLINE REGISTRATION LINK

The 2023 MD5M Host Committee is excited to share with you the registration and hotel information for the upcoming convention held May 5-7, 2023 at the Holiday Inn & Suites in St. Cloud.

Online registration link: [MD5M 2023 Online Registration](#)

Hotel registration link: [Visit Greater St Cloud MD5M Hotels](#)

For Holiday Inn Registration you need to select front desk to get the Lions Convention Block.

Name _____
 Title _____
 Your District Club & Name _____
 Phone Number _____
 Address _____
 City _____ State _____ Zipcode _____
 Email _____
 Are You A... Lion Leo First Timer
 Will you require Braille Documents at the Convention? YES NO

PRICE INCREASES TO \$160.00 MARCH 1, 2023 **\$AMOUNT**

Full Hospitality Book	\$150.00 USD	includes all meals and registration fee	<input type="text"/>
Registration is included in any meal chosen below:			
Friday Night Social	\$25.00 USD		<input type="text"/>
Saturday Breakfast	\$30.00 USD		<input type="text"/>
Saturday Lunch	\$35.00 USD		<input type="text"/>
Saturday Banquet	\$55.00 USD		<input type="text"/>
Sunday Brunch	\$30.00 USD		<input type="text"/>

CIRCLE Saturday Banquet Option
 Stuffed Chicken Roasted Pork Shoulder Wild Mushroom Fettuccine
 Special Dietary Needs: _____

★ Make Checks payable to Lions MD5M Convention
 PCC Dennis Heinen 12069 Bluegill Drive
 Sauk Centre, MN 56378

→ Cancellation fees apply - NO cancellations accepted after April 1, 2023

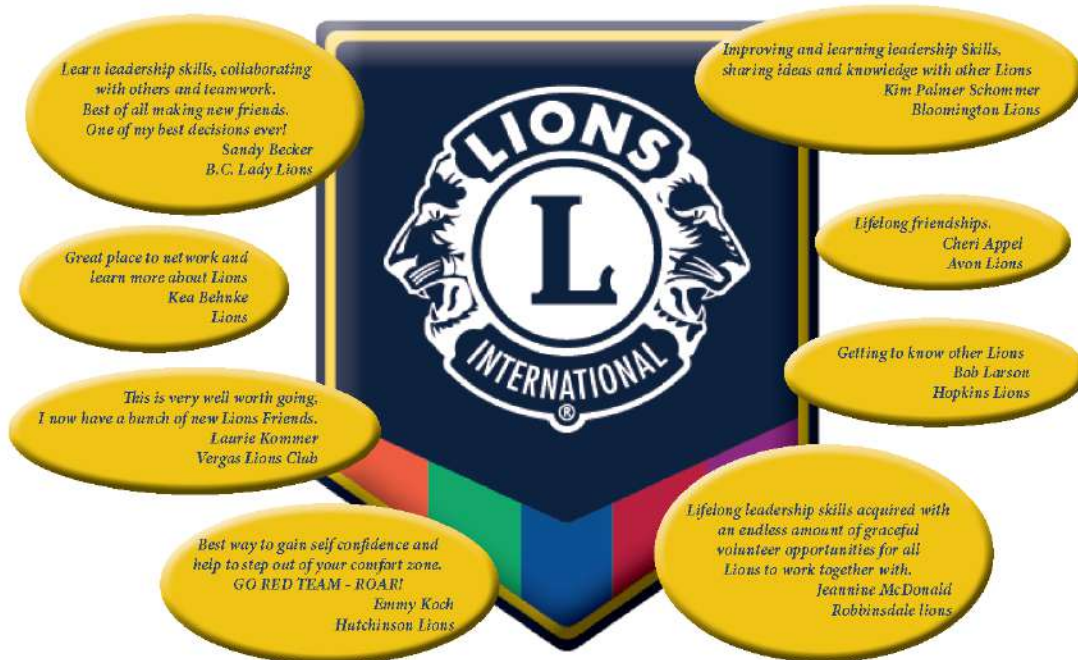
REGISTER ONLINE
 If you plan to pay by check, it is kindly requested you fill registration out online. Details for mailing the check are included there.



MAKE YOUR HOTEL RESERVATION
 SCAN WITH YOUR PHONE'S CAMERA



Why should I go to a Lions Leadership Institute?



Emerging Lions Leadership Institute (ELLI):

Registration is now open

The goal of the Emerging Lions Leadership Institute (ELLI) is to prepare Lions for leadership positions at the club level. Qualified candidates are Lions in good standing who have successfully served on a club committee and have not yet obtained the level of club president.

It is strongly recommended that all club vice presidents attend ELLI.

The Institute will be held at:

the *Dean Lakes Education Center 4601 Dean Lakes Boulevard | Shakopee, MN 55379*

Accommodations are available at the *Holiday Inn Express 4550 12th Avenue E Shakopee, MN 55379 952-445-2244*. Cost will be \$124 USD per night not including tax. Reservations must be made by Friday, March 24. Lions will be allowed to commute to the Institute providing they can do so from a safe distance and attend all Institute functions.

Cost of the Institute is \$100 USD in addition to lodging and travel expenses. The Multiple District will provide all meals and training materials.

The deadline to submit your completed application to your District Governor is March 17, 2023.

The application is located on the MD5M website: lionsmd5m.org under resources.

If you have any questions please email Lion Dennis W. Kelly III, MD5M GLT Coordinator at dkellylion@gmail.com

For more information on Lions Leadership institutes



**MD5M EMERGING LIONS' LEADERSHIP INSTITUTE
APRIL 13-16, 2023, SHAKOPEE MN
PARTICIPANT APPLICATION FORM**

***MUST BE SUBMITTED to your DISTRICT GOVERNOR no later than March 17, 2023
PLEASE PRINT***

NAME: _____ DATE JOINED LIONS: _____

ADDRESS: _____

E-Mail ADDRESS: _____ TELEPHONE NO: _____

CLUB NAME: _____ MEMBER NUMBER: _____

CURRENT OFFICE HELD: _____

OTHER OFFICES HELD: _____

I WAS REFERRED BY: _____

WHY DO YOU WISH TO ATTEND THE MD5M EMERGING LIONS' LEADERSHIP INSTITUTE?

Use the back of this document or add another page if you require more space.

Any food or other allergies? _____

APPLICATION MUST BE SIGNED BY THE FOLLOWING:

APPLICANT: _____ DATE: _____

CLUB PRESIDENT OR ZONE CHAIR: _____ DATE: _____

NOTE: If you are selected to attend the Leadership Institute you will need to provide a check payable to MD5M for \$100 upon notification of your acceptance.



5M9 District Governor

Scott Rolfe

Club Visit Form



Club Name: _____

Club Location: _____

Address: _____

Dates for Club Visits: 1st Choice _____

2nd Choice _____

What time does your club meeting begin? _____

What time does your social hour start? _____

Do you have a Board Meeting? Yes _____ No _____

Would you like the DG to attend the Board Meeting? Yes _____ No _____

Are there other Lions Clubs or Leo Clubs involved for the DG Visit? Yes _____ No _____

Please List other Clubs: _____

Will you have a meal? Yes _____ No _____

Lion, or Leo requesting the Governor's visit: _____

Contact telephone # _____ Email address _____

Will the Governor be expected to install officers? Yes _____ No _____

If yes, please send names of new officers. If inducting new members, please have the LCI New Member Kit with Pin and signed Certificate.

Will the Governor be expected to give out awards to club members? Yes _____ No _____

If yes, please send information stating the awards and the names of those receiving the awards. Please have awards, certificates, pins, or changes in installation or inductee ceremony available when I arrive for the Governor's visit. I am looking forward to coming to visit with your club!!

Please Mail To: District Governor Scott Rolfe, 13281 Berrywood Drive #213. Baxter, Mn. 56425
Email: bigskipper61@yahoo.com Phone: 218-232-7241

How to submit an article

Please submit material for these sections. by the 15th of each month for the following months newsletter.

I would like to publish your most recent community service and your upcoming fundraisers, in which Lions from other clubs could, perhaps, participate.

Submit pictures, flyers or text. In photos please put names of who is in it. When possible, send photos in jpeg format and articles as a word document. Use of pdf is also acceptable.

Contact me for assistance or with questions
Submit to: 5m9newsletter@gmail.com
Sue Stebbins editor

DISTRICT GOVERNOR SCOTT'S CALENDAR

March 3rd	Friendship Banquet for DGE's	Roseville, MN
March 4th	Council of Governors Meeting	Roseville, MN
March 7th	Gateway Lions Visit	Menahga
March 12th	Cabinet Meeting , First Lutheran Church, Brainerd	
March 13th	Cormorant Club Visit	Cormorant
March 17th	DEADLINE FOR ELLI APPLICATIONS TO DG SCOTT	
March 18th	Diabetes Research Update	St. Cloud
March 20th	Jenkins Lions Visit	Jenkins
March 27th	Nisswa Lions Food Pack	Nisswa



USA/CANADA Forum

September 14-16, 2023 Reno, Nevada

Emerging Lions

April 13-16, 2023 Shakopee MN

Lions International Convention

July 7-11, 2023: Boston, Massachusetts

MD5M Multiple Convention

May 5- May 7, 2023 St Cloud MN

BOSTON 2023

Register for
LCIcon now and
save!

The Lions Clubs International Convention is happening in Boston, Massachusetts July 7 through the 11, and you don't want to miss it.

5M9 Service Journal



This publication is of, by, and for the Lions, & Leos of District 5M-9

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2nd Vice District Governor

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